



THE PUTU PIRING INCIDENT AT BATU BULAT

WHAT IS EMPATHY?



“You are not alone.” – Empathy is about sharing this message.

If you feel empathy, you might be able to sense how other people are feeling or imagine how they might think or feel.

Sometimes, we think we understand how someone feels based on how we feel. However, we forget that we also have to try to understand somebody else’s feelings or thoughts.

There are different ways to show empathy.

1



Putting yourself in someone else’s shoes

This is called looking at a situation from someone else’s perspective and just **KNOWING** how the other person feels.

2



Directly feeling the emotions of another person

You **SHARE** how the other person feels. Have you ever felt like crying when you see someone else get hurt? Maybe you have felt the pain before so you can feel for the person, and indirectly, you start reacting as well. It’s almost as if the feelings can be passed to you.



The good

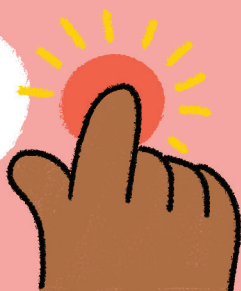
This can help you feel closer to the person you are sharing the experience with. You might have encountered some instances of this with your family members or close friends.



When it gets too much

Sometimes, this can be too much for you. It might affect how you are actually feeling about a situation.

3



You are moved to take action and to help however you can

- Not only do you feel for the person, you also know **WHAT TO DO** that might help the situation
- Sometimes it is as simple as asking what the other person needs

Watch this video to
find out more about
empathy.



<https://youtu.be/HznVuCVQd10>

WATCH & THINK



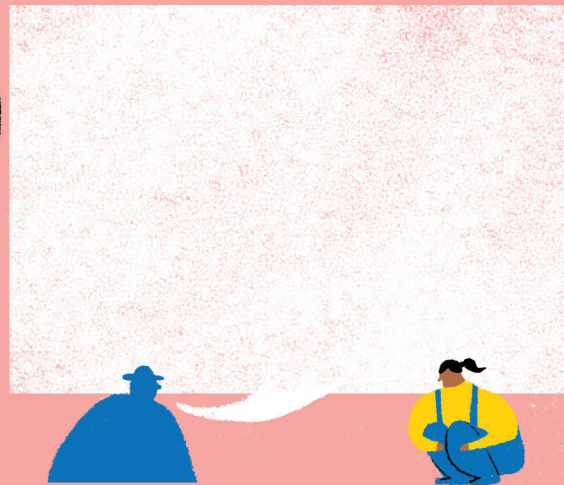
In *The Putu Piring Incident at Batu Bulat*, **three characters** share their experiences living in Batu Bulat. They also recounted the same incident from **three different perspectives**.

‘Different perspectives’ means different ways of looking at one situation or different ways of hearing or telling a story, based on different people’s experiences.

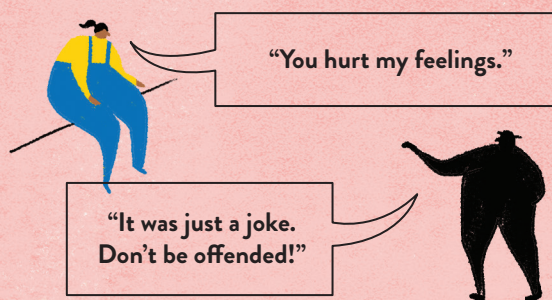
1

PUTU PIRING TRAGEDY

a. How would you help Putu Piring Girl stand up against her bullies? What would you say?



b. Putu Piring Girl shared that her friends used to make fun of where she came from. When she told them how she felt, they told her it was a joke. How can you show empathy if you were her friend?



c. In the beginning, what did Putu Piring Girl think of the people who lived in the Ice House?

c. Her opinion of them changed in the end. What caused the change? Why?



2

CHASING COWS ON BATU BULAT



a. Why do you think the Island Explorer did not stop to help the Putu Piring Girl even though he thought that she fell?

d. Complete the picture below to show what the Island Explorer could have done differently.



b. Do you think the Island Explorer understood how the Putu Piring Girl felt?



c. Should the Island Explorer still be responsible for his actions even though it was an accident?

3

THE PRINCE OF BATU BULAT



a. The Ice Prince had never been to the island of Batu Bulat before and was scared the first time he visited the place. How did his cousin make him feel welcomed?

c. How did the Ice Prince show empathy towards Putu Piring Girl?

b. How would you make the Ice Prince feel welcomed if you were his cousin?

d. If you were in the Ice Prince's shoes and had the chance to meet the Island Explorer after he hit Putu Piring Girl, what would you say? How would you show empathy even if you were angry?



BEFORE YOU GO...



1

After listening to all three stories, what is one lesson you learned?

2

Think of one situation in which you showed empathy. What did you do or say?

3

Think of another situation where you did not show empathy. How would you have done things differently?

4

Do you think it is important to have empathy for others? Why or why not?

Here are some tips to keep growing and practising empathy in your life.



Tip 1: Listen & Look

Listen to what people are saying but also look out for signals about how they are feeling. Sometimes people may not say what they feel but they show you how they feel. Think back to yourself, how do you sometimes show feelings rather than saying them?



Tip 2: Understand your own feelings

When do you get angry, sad or happy? We all have feelings and it is okay to have them. The more we understand them, the more we know what actions or incidents, or people make us feel the way we feel.



Tip 3: You cannot always follow through with how you are feeling

There are times when your actions should not follow through with how you feel. For example, if you are in a bad mood, you should not take it out on others even if you do feel angry or sad at that moment.



Tip 4: Walk in someone else's shoes

Putting yourself in someone's shoes is good but trying to understand how walking in them might be better. The key is to always try to be compassionate even if they may not want your help. But if you are sincere in wanting to understand and help someone, more often than not they will sense that, and that's an empathetic start!

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