



**Esplanade
Presents**

da:ns

LISTEN TO SEE

RESTLESS DANCE THEATRE
(AUSTRALIA)



19 – 21 APR 2024

FRI – SUN, VARIOUS TIMINGS | ESPLANADE CONCERT HALL CIRCLE 1 FOYER

www.esplanade.com/dans

Pre-Event Guide: da:ns focus – EveryBody Listen to See by Restless Dance Theatre

19 – 21 Apr 2024

Fri: 7pm & 9pm | Sat: 2pm & 4pm | Sun: 11am & 2.30pm

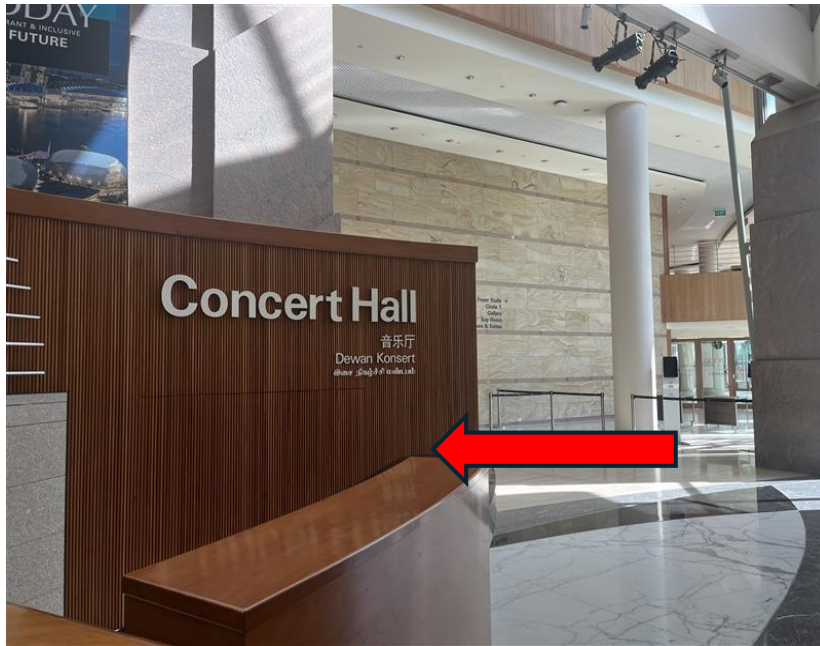
(1 hour, no intermission)

Esplanade Concert Hall Circle 1 Foyer

[Meeting Point: Esplanade Concert Hall Information Counter]

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Preparing to attend Listen to See



- This is the Esplanade Concert Hall Information Counter.
- This is the meeting point for the performance *Listen to See*.
- I will show my ticket to the usher and wait for them to guide me to the Esplanade Concert Hall Circle 1 Foyer, Level 2.
- An Esplanade staff will speak to everyone and share information on what to expect during the performance.

Preparing to attend Listen to See



- This is the Esplanade Concert Hall Circle 1 Foyer, Level 2.
- This is where *Listen to See* takes place.
- This is a free and easy space. I can walk around or sit down during the performance.

Access features for Listen to See

This performance welcomes different audience members, such as:

- Wheelchair users; they may use the lift to go to different levels.
- People with guide dogs; these dogs are important to help them move around safely.
- People with different needs and abilities; I can talk to them during the performance and share my thoughts about what I am experiencing.

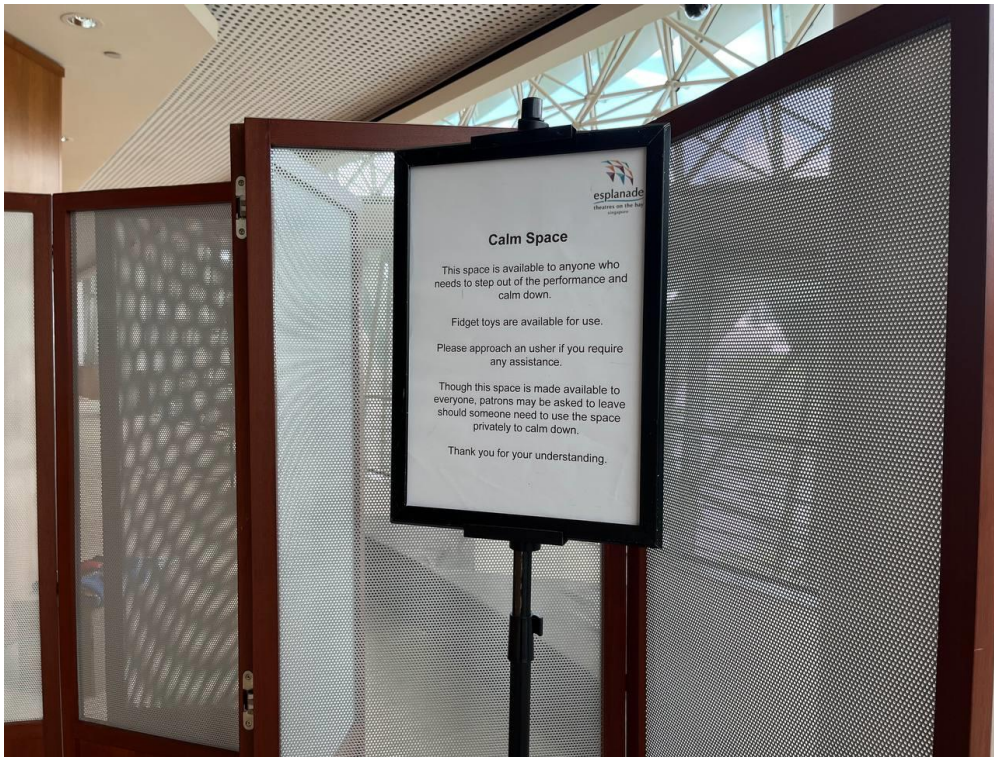
Access features for Listen to See



This is a **Relaxed Environment** performance.

- If I want to move during the performance, that is alright. I may walk around or sit down during the performance.
- If I need to use the washroom during the performance, that is alright. An usher can show me the way to the washroom. After using the washroom, I can ask an usher to show me back to the performance area.
- Sometimes, I may need to leave the performance area when the performance is happening and look for a place to calm down. I can return to the performance when I am ready.

Directions to the Calm Space at Concert Hall Circle 2 Foyer



- If I need help, I can ask an usher to show me the way to the Calm Space.
- The Calm Space for this performance is at the Esplanade Concert Hall Circle 2 Foyer, Level 3.
- If I am at the performance space on Level 2, I will take the staircase or lift up to Level 3.

Calm Space



- This is where the Calm Space is located.
- I can rest on the chairs and use any of the items provided at the Calm Space if I need to.
- When I am ready, I can go back to Level 2 to enjoy the rest of the performance.

What to expect at the performance

Listen to See by Restless Dance Theatre



- *Listen to See* is performed by five dancers from Restless Dance Theatre.
- The dancers will perform at different parts of the space.
- I can recognise them! They will be dressed in pink or maroon colour tops, and always wearing a headphone.

Listen to See by Restless Dance Theatre



- The dancer may look at me and offer me the headphones.
- If I feel comfortable, I can put the headphones on my ears.
- The dancer may also ask a few more people around me to put on headphones. We now form a small group.
- I will hear music playing from the headphones.

Listen to See by Restless Dance Theatre



- Once the music plays on the headphones, the dancer will start dancing for me or for the small group.
- I can choose to stand and watch the dancer perform, or I can choose to dance together.
- The dancer may look at me, smile at me or touch my hands. The dancer wants us to all have fun together.
- The dance will last for up to three minutes.
- After the song is over, I will return the headphone to the dancer.

Listen to See by Restless Dance Theatre



- I can walk around and choose to interact with different dancers.
- Each dancer's headphone will play different songs, and it will be a surprise for me!
- I can also choose to sit down and observe how others are dancing and having fun.
- It will be a special experience for me to watch others and imagine how they are feeling as they dance!

Listen to See by Restless Dance Theatre



- After 45 minutes of the performance, we will walk to The Bay Room.
- The Bay Room is at one end of Level 2. An usher will show me the way.
- We can choose a seat and sit down.
- The dancers and the rehearsal director from Restless Dance Theatre will come together to meet all of us.
- They will share about the performance we just watched.
- If I wish to leave early, I can do so quietly.

**See you soon at
Esplanade.**



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Esplanade is a charity and not-for-profit organisation. Help us bring the joy and inspiration of the arts to different communities, including the underserved.